# ETHICS - FOCUS ON ALTRUISTIC DONATIONS -

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## Setting the context...

Definition of ethics?

How we should treat one another

Systematic investigation of our values and actions

## Setting the context...

Deceased donation

- Living related donation
  - "Family/close relationship"

- Living unrelated donation
  - "Stranger /altruistic donor"

## Taking a closer look...

Altruistic donation (living unrelated)

Questions/concerns?

#### Taking a closer look...

- Possible questions/concerns
  - Is this something "we" should allow?
    - Who decides, on what basis?
  - What do we mean by altruism?
    - Note the labelling
  - What values, in addition to altruism, are relevant to consider?

## Taking a closer look...

- Questions/concerns (cont'd)
  - Should an altruistic donor be allowed to direct their donation?
  - Should the risks of *living donations* be reexamined?
    - Long-term risks?
      - Do we need to re-think the donation process? Including disclosure of information and evaluation of donors?
    - Space for the "not so good" stories?

#### Is this something "we" should allow?

- Historical perspective
  - Relatively recent shift
- Medical, societal, potential donor, potential recipient perspectives

#### Is this something we should "allow"?

- Variety of reasons offered for "allowing"
  - Organ shortage, evidence of improved outcomes, relatively low risk for donor (?), supports important societal value(s)...

- Screening process
  - Attentiveness to motivations, psychological profile

□ Anonymity (?)

## What do we mean by "altruistic"?

Altruism:

"Expression of compassionate concern for others suffering from ill health and disability" (CMA OD&T Policy Update 2000)

"Is the selfless concern for the welfare of others" (Webster's Online Dictionary)

## What do we mean by "altruistic"?

Interesting use of this descriptor/label

- Challenge of reciprocity, gift-giving
- Consider from living "related" donation perspective
  - Degree of relationship/separation?

#### What values are relevant?

Individual autonomy

Freedom/voluntariness (absence of coercion)

Beneficence/non-maleficence

Solidarity

#### Should be able to direct donation?

"Living unrelated donations should be nondirected"

Organs allocated according to need/compatibility

But...pressure on this principle?

#### Re-examine?

 Recent discussion about the relative (longterm) risks for altruistic donors

- Kidney failure (diabetes...)
- Emotional impact

- "Not so good" stories
  - Room for these?

## Address on an ongoing basis?

- Importance of attending to PROCESS
  - "What we do and how we do it matters"
  - Role of evidence
  - Compare practices; challenge "gaps"
  - Identification and discussion of values, with key stakeholders

## Wrap-up

