

# Povidone A study of disinfection

Max Maier, BSc Regional Tissue Bank Specialist

Presented by Ken Lotherington, BSc, CEBT, CTBS Regional Tissue Bank Specialist

# Key points



\*Validation

\*Methods

\*Results

\*Discussion

# **Validation**



Assurance that intended usage is accomplished

\*Robust – high success rate

\*Reliable – accurate results of sample

\*Reproducible – same results each sample

# Why Validate Processes



- \*Quality assaurance standard
- \*Accurate data collection
- \*Tool in developing best practice
- \*To meet accreditation standard

\*We produce a product to be transplanted we can say with confidence that the product is safe and reliable



# Regulatory Bodies/Accreditation

- \*AATB
- \*EBAA
- \*ISO
- \*Health Canada
- \*CSA

Requirement for accreditation

# Cost/Benefit



### Costs

Test materials
Standards
Quality assurance
Equipment
Analysis
Committee Work
Studies
Travel

### **Benefits**

More efficient outputs
Reliability
Greater confidence of
\*Staff
\*Bank (tissues)
\*Customer



Regulatory bodies Accreditation

Inspections/Audits

Standards/Guidelines Validated Methods



How do you validate a process or method?

- \*Decide on analytical requirements
- \*Plan a suite of experiments
- \*Carry out experiments
- \*Use data to assess fitness for purpose
- \*Produce a statement of validation



# Methods

- \*Cell culture
- \*Optical density
- \*Serial dilution
- \*Spread plating
- \*Experimental groups
- \*Colony forming units (CFU)
- \*Tissue culture

# Cell culture

\*SBA, 24-48hrs @37°C

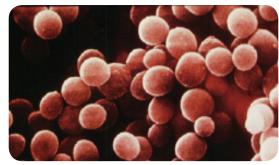
\*IMA, 72hrs @25°C



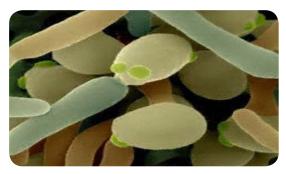
**Penicillium** electron micrograph, © Dennis Kunkel Microscopy Inc.



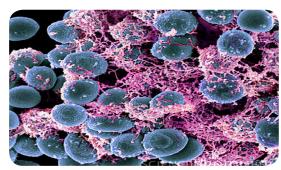
**Escherichia coli**, © 2004 Dennis Kunkel Microscopy Inc.



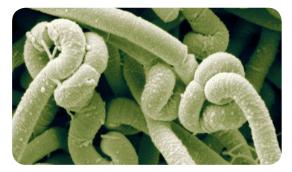
**Staphylococcus aureus** electron micrograph from Visuals Unlimited, http://www.visualsunlimited.com



Candida Albicans © Dennis Kunkel Microscopy Inc.



**Staphylococcus epidermidis**, coloured scanning electron micrograph. National Institutes of Health/Photo Library, http://www.nih.gov/about/nihphotos.htm



**Bacillus Cereus**, SCIMAT/SCIENCE PHOTO LIBRARY. http://www.microbiologyonline.org.uk



# Optical denisty



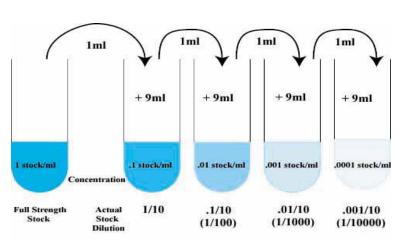
- \*Spectrophotometer
- \*According to their growth conditions
- \*Inoculated into Hank's B SS, sterile inoculation loop
- \* OD of 1.0 via dilution of the stock solution @ 620nm.

### Serial dilution

\*1.0mL of stock solution was added to 9.0mL of Hanks

\*Serial dilution to 10<sup>-10</sup> was performed bacterial culture on each day





# Spread plating

- \*Determine the disinfection efficacy of Povidone™
- \*100µL of the dilution were placed on agar plates
- \*Spread using a flame sterilized bacterial cell spreader
- \*Incubated for 48-72 hours at the appropriate temperature

# Experimental groups



- \*Povidone™ only group
- \*Tissue incubated w/ bacterial cells -> exposed to Povidone™
- \*Incubated at 37°C for

# Control groups

- \*Hank's solution only
- \*After incubation in Hanks media for 1.5 hours

# Colony forming units (CFU)



- \*Calculated using spread plating and incubating the plates at their appropriate temperatures for 48-72 hours.
- \*Analyzed and the number of colonies
- \*Less than 330 colonies and recorded on the results sheets. Calculations-> different dilutions-> overall concentration of bacteria in the stock solution using the first dilution where there more than ten colonies observed to grow on a plate.

# Tissue culture

- \*Povidone incubation(tissue-Povidone™)->washed w/Hanks
- \* (TSB) culture tubes and incubated (7days)
- \* allow any trace bacteria to grow



# Results

- \*Povidone™ effective decontaminant for S. aureus, C. albicans,
- S. epidermidis, E. coli, B. cereus, and Penicillium
- \*Each bar equals one of the ten fold dilutions
- \*Experimental group consisted of ten dilutions to a dilution factor of 10<sup>-10</sup>
- \* Bar furthest to the left is the 10-1 dilution and the bar on the far right for each group is the 10-10 dilution group

### S. aureus

Graph 1 – A graphical representation of three experiment trials involving S. aureus being challenged by HBS, HBS Incu, Pov only, and Pov + Tiss. Each bar represents a ten-fold dilution.

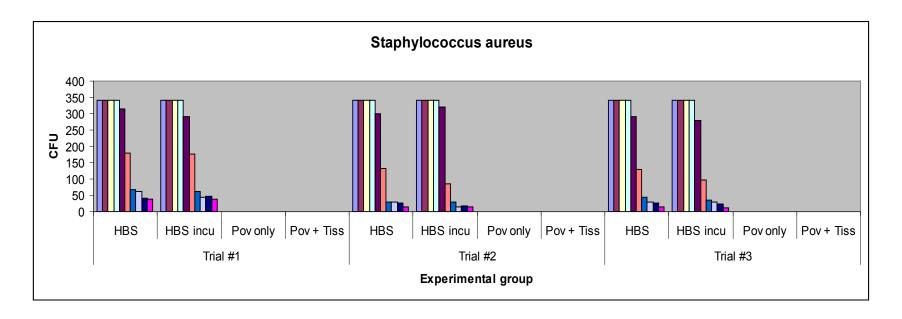


Table 1 – This table represents whether or not there was growth of S. aureus in TSB broth after 5 days incubation at 37°C for each dilution for each of the three trials.

-/+	10-1	10-2	10-3	10-4	10-5	10-6	10-7	10-8	10-9	10-10
	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-



### C. albicans

Graph 2– A graphical representation of three experiment trials involving C. albicans being challenged by HBS, HBS Incu, Pov only, and Pov + Tiss. Each bar represents a ten-fold dilution.

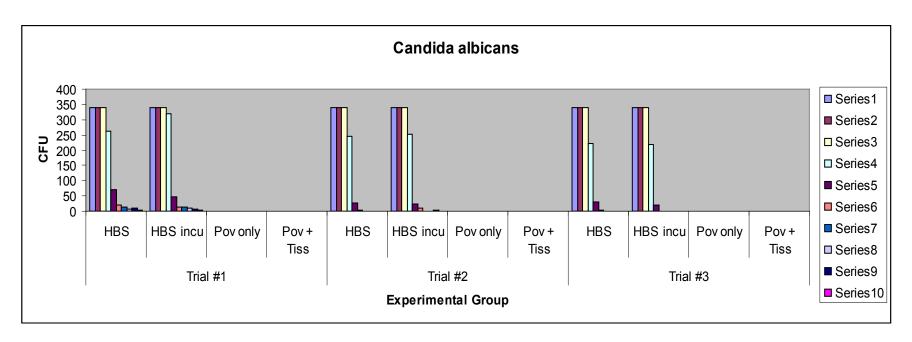


Table 2 – This table represents whether there was growth of C. albicans in TSB broth after the tissue was incubated for 5 days at 37°C.

#### Growth



### E. coli

Graph 3– A graphical representation of the three experimental trials using E. coli where each bar represents a ten-fold dilution.

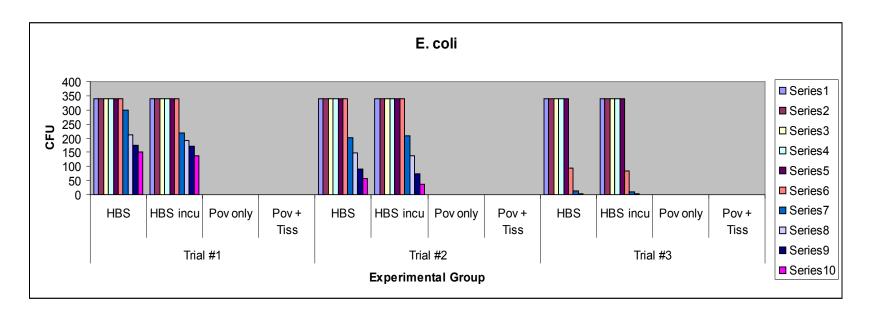


Table 3 - This table represents whether there was growth of E. coli in TSB broth after the tissue was incubated for 5 days at 37°C.



# S. epidermidis

Graph 4 – This is a graphical representation of the growth of S. epidermidis for the experimental groups.

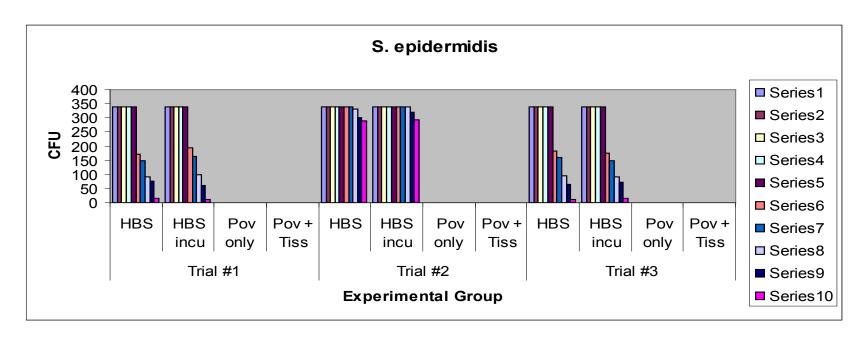


Table 4 – Shows whether there was growth of S. epidermidis in TSB broth after the tissue samples were incubated at 37°C for five days.

```
-/+ 10-1 10-2 10-3 10-4 10-5 10-6 10-7 10-8 10-9 10-10

- - - - - - - - - - - - - - -
```



### B. cereus

Graph 5 – This is a graphical representation of the growth of B. cereus for each experiment group and all three trials.

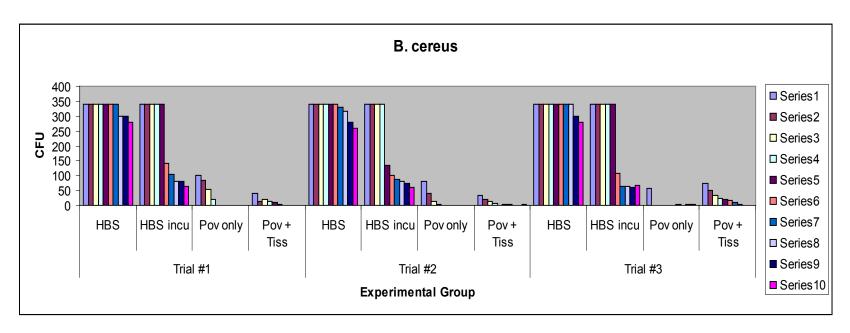


Table 5 – This table represents whether there was growth B. cereus from tissue samples incubated at 37°C for five days in TSB broth.



# Penicillium

Graph 6 – This is a graphical representation of the experimental groups and three trials involving Penicillium.

Trial											
#1	HBS	+	+	+	+	+	+	+	+	+	+
	HBSincu	+	+	+	+	+	+	+	+	+	+
	Pov only	-	-	-	-	-	-	-	-	-	-
	Pov tiss	-	-	-	-	-	-	-	-	-	-
Trial											
#2	HBS	+	+	+	+	+	+	+	+	+	+
	HBSincu	+	+	+	+	+	+	+	+	+	+
	Pov only	-	-	-	-	-	-	-	-	-	-
	Pov tiss	-	-	-	-	-	-	-	-	-	-
Trial											
#3	HBS	+	+	+	+	+	+	+	+	+	+
	HBSincu	+	+	+	+	+	+	+	+	+	+
	Pov only	-	-	-	-	-	-	-	-	-	-
	Pov tiss	-	-	-	-	-	-	-	-	-	-

Table 6 – This table shows whether or not there was positive growth in TSB broth after tissue was incubated for seven days at 25°C.

-/+	10-1	10-2	10-3	10-4	10-5	10-6	10-7	10-8	10-9	10-10
	-	-	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-	-	-
	_	_	_	_	_	_	_	_	_	_







- \*Contamination is a reality in tissue banking
- \*Normal skin flora vs pathogenic growth
- \*Pathogenic growth is discarded
- \*Acceptable tissue -> processed
- \* Antibiotic decontamination & Betadine Povidone™
- \* 1% @ 37°C for 1.5 hours, rinsed -> antibiotics, rinsed

\* Validate the efficacy of povidone's bactericidal & fungicidal activity



- \* It has been established that povidone concentrations of below 10%, but especially below 1% result in the most widespread bactericidal and fungicidal activity.<sup>1,3</sup>
- \* **S. aureus and S. epidermidis**, Povidone™ reduced the bioburden by a ten-log reduction
- \* Reduced contamination to effectively zero, or undetectable
- \* C. albicans reducing the bioburden by a ten-log reduction
- \*Note only a six log reduction due to being an insufficient amount valid growth on the remaining plates
- \* **E. coli (gram-),** no growth after Povidone™ incub.
- \*Note after TSB incubation, 10<sup>-1</sup>, 10<sup>-1</sup> and 10<sup>-2</sup>, 10<sup>-1</sup> 10<sup>-3</sup>
- \*At high concentrations, survival inside the bone matrix of cancellous, or cross contamination occurred. Too many cells present in the dilutions



\*E. coli cont... five, seven and ten log reduction. Five log is a result 10<sup>-7</sup> being the last dilution where ten colonies or less were found

\*Five log reduction was the result of less growth for that specific trial

\*B. cereus(spore) eight log reduction exposure to Povidone™, indicating susceptibility

\*Povidone<sup>™</sup>is an excellent disinfection method was validated \*Susceptibilties with a greater than five log reduction were shown \*Acceptable limit, Povidone<sup>™</sup>-> 1% @ 37<sup>O</sup>C for 1.5hrs is adequate decontaminate for processing

# References



- 1. Berkelman, R. L. 1982. Increased bactericidal activity of dilute preparations of Povidone-Iodine solutions. J. Clinical Microbiology. 15:635-639.
- 2. Harvey, S. C. 1980. Antiseptics and disinfectants; fungicides; ectaparasiticides, p. 973. In A. G. Gilman, L. S. Goodman, and A. F. Gilman (ed.), Goodman and Gilman's the pharmacological basis of therapeutics, 6th ed. Macmillan Publishing Co., Inc., New York.
- 3. Soyer, J. 2002. The effect of 10% povidone-iodine solution on contaminated bone allografts. J. Hospital Infection. 50:183-187.